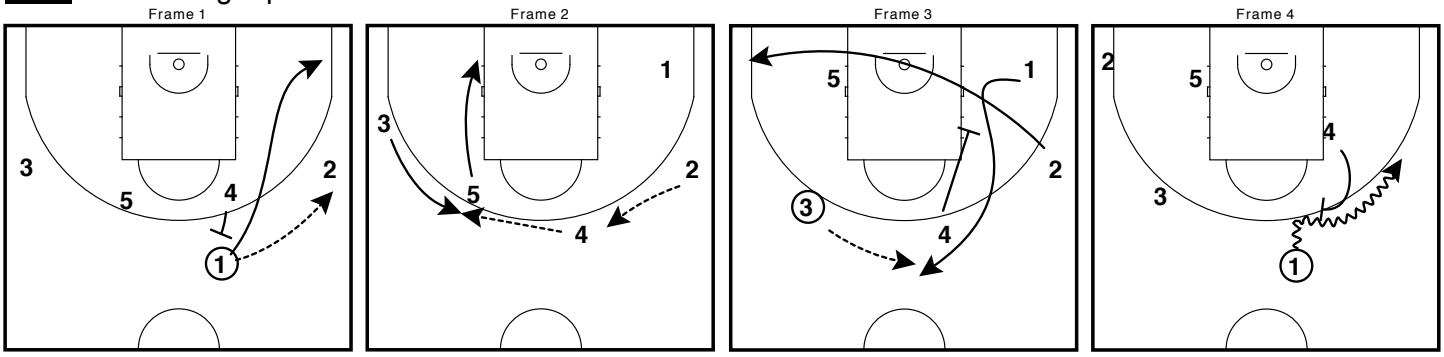
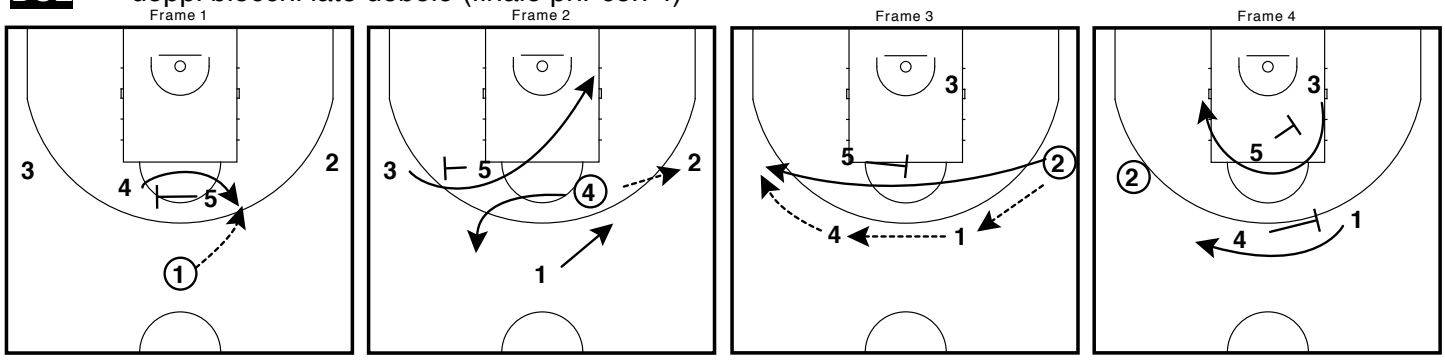
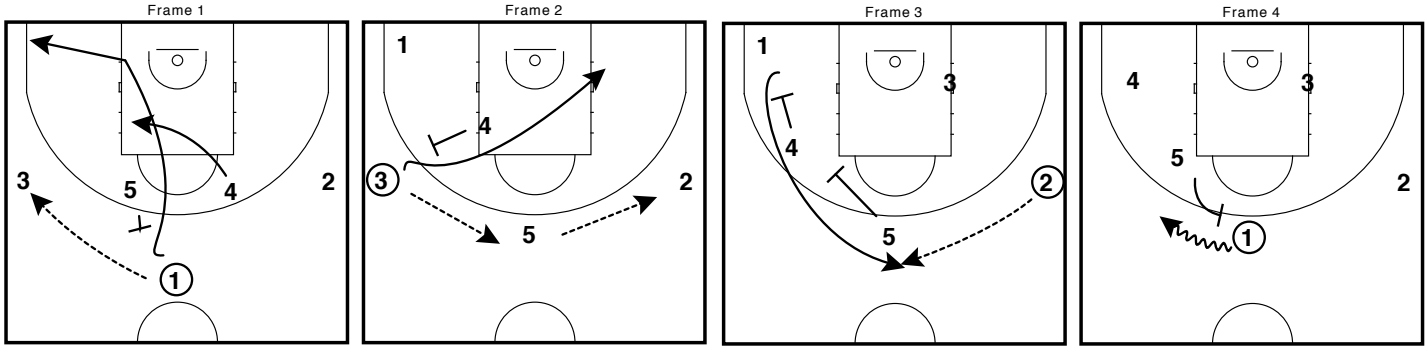
UNO Blocco diag + pnr uscita

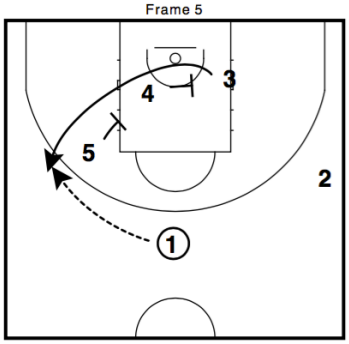


DUE doppi blocchi lato debole (finale pnr con 4)

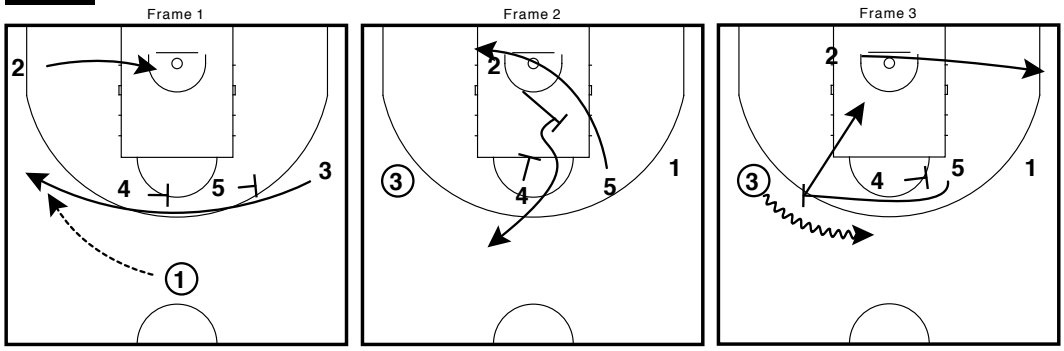


CINQUE cieco + stagger + VAR no PnR ma altro stager

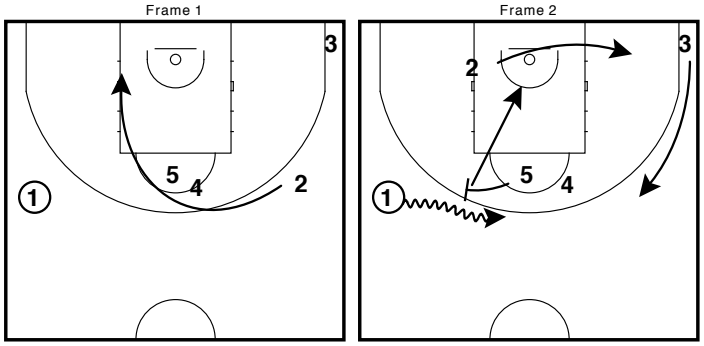




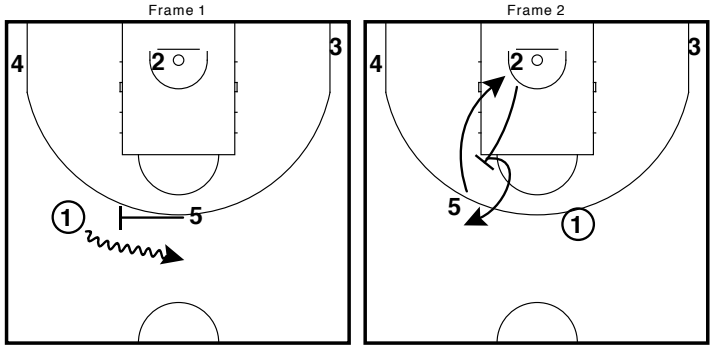
‘???? bloccare il bloccante



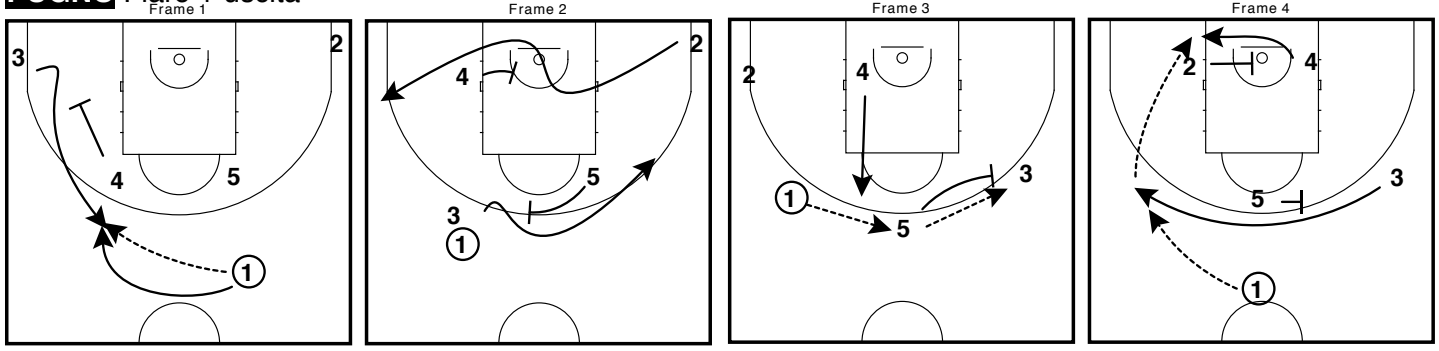
ELLE curl + PnR



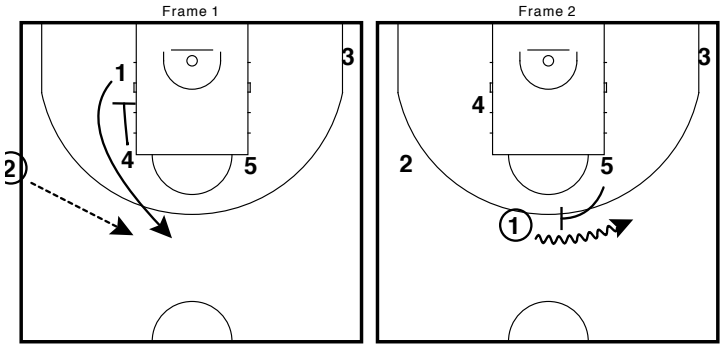
ZERO PnR + cieco sul bloccante



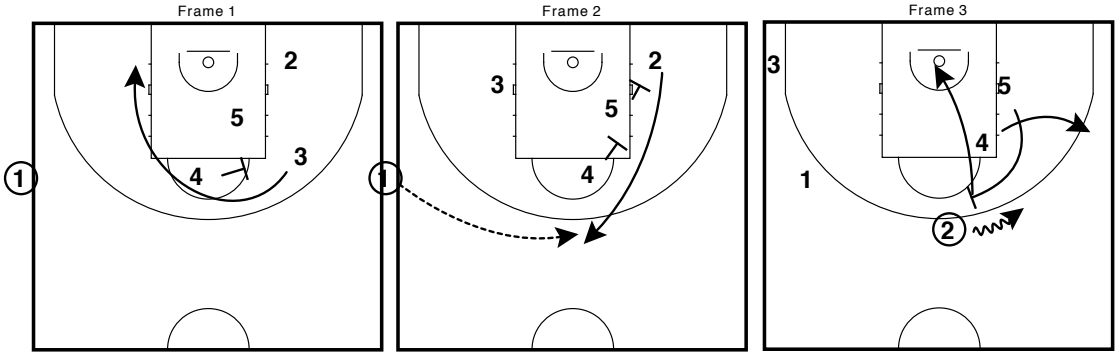
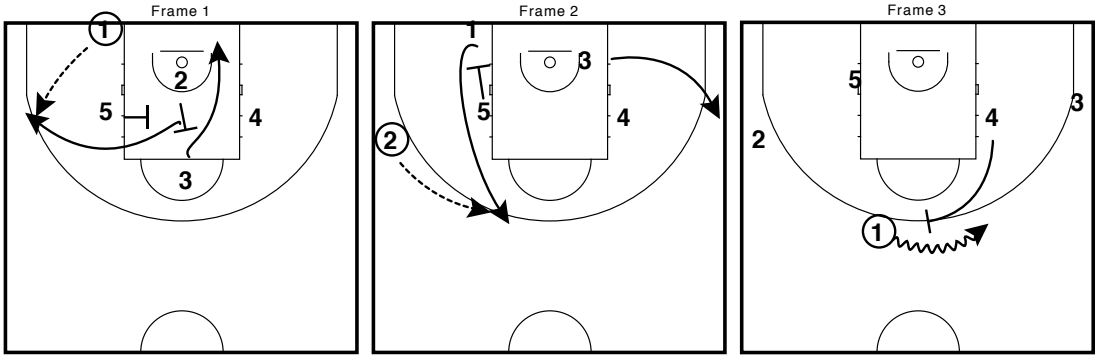
PUGNO Flare + uscita



RIMESSA LATERALE Zipper Pnr cent



RIMESSA LATERALE curl + stagger + PnR cent



RIMESSA FONDO cieco + ziper + PnR cent